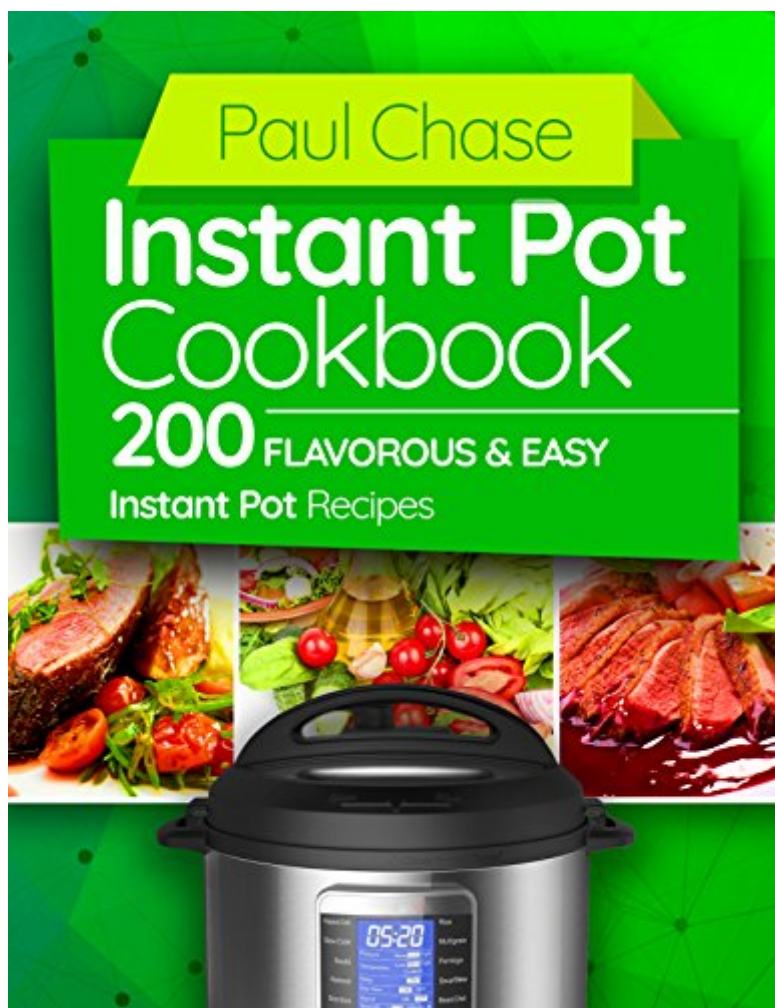


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# Instant Pot Cookbook: 200 Flavorous And Easy Instant Pot Recipes



## Synopsis

Instant Pot Cookers have been around for a long time now and have significantly altered the modern culinary landscape. At first glance, though, you might just think that it is nothing more than a simple pot, but if you just take your time to dive deep into its realm, then soon you will realize that it has limitless potential when it comes to cooking. The main advantages of the Instant Pot:

- Save both energy and time
- Preserve the nutrients of the food while keeping things tasty
- Kills off harmful Micro-Organism

Here some amazing things you'll find in our book:

- The complete guide on using your Pressure Cooker
- Best Instant Pot recipes for breakfast, lunch, dinner, snacks, sides and desserts
- Prep time, cooking time, list of ingredients accompanies, number of servings for each recipe
- Recommended timing for cooking various items
- The history of Instant Pot
- How to use your Instant pot in it's full

This book is designed to act as a one-stop-shop for all of your Instant Pot needs! Get your copy now!

## Book Information

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## Customer Reviews

Good recipes

This is an excellent book. Some have complained that there isn't much use of the preset buttons but most pressure cooking gurus seem to feel that manual settings offer more precise control. This also is not the book for: put frozen chicken and a can of soup in the pot and hit "poultry". That may also work OK but this is full of creative recipes for those who love to cook. A little time and planning is needed for most of the recipes. Full of great tips too.

I'm so new to instantpot, that sometimes I forget I have one, however it has now become a fixture on my counter! This book has amazing and easy recipes and is written in such a fun and easy-to-read way. I really liked how the author was incredibly relatable, and my favorite feature is the index because I can quickly see all of the recipes that will take 30 min or less, making weeknight meal planning a breeze. This cookbook is making my dinners so easy!

I withheld one star as I didn't see much information on scaling recipes (halve recipes, or double, triple, etc.) As one example it touts the pot's ability to make fast perfect easy-to-peel hard boiled eggs, but doesn't talk about scaling the recipe. If you're making deviled eggs you're gonna need a lot more than four.

Perfect companion for the Instant Pot. There's a table in the back for basic times and temps. I've tried several recipes without changing anything and found them to be easy to follow and very good. I have it on my Kindle app so it's always ready to reference.

I was a little skeptical at first, but after making my first meal in it, beef stew, I was absolutely amazed. It cooked the meat and vegetables perfectly in 25 minutes. This is going to be an awesome cooking tool that I can't wait to experiment with.

Excellent book, I am a guy that is not a great cooker by instinct and this book helps me in that department. Still i am new with the Instant Pot department but with the guide book and i am in the correct track.

Since I purchased an Instant Pot, I was eager to get a book with information about it. This book is very helpful for a beginner using an electric pressure cooker. I recommend it to anyone.

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